



## 1 Thessalonians 4:3-4 perspective on sex education

### Description

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The Bible is a great source of wisdom and guidance for many aspects of life, including sex education. 1 Thessalonians 4:3-4 provides a Christian perspective on sex education, emphasizing the importance of self-control and holiness. This passage encourages us to abstain from sexual immorality and to live in a way that honors God.

### What Does 1 Thessalonians 4:3-4 Say?

1 Thessalonians 4:3-4 reads, “For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor.”• This passage is clear in its instruction to abstain from sexual immorality and to control our bodies in holiness and honor.

### What Does This Passage Teach Us About Sex Education?

#### 1. Abstinence

The first thing that this passage teaches us about sex education is the importance of abstinence. Abstinence is the practice of refraining from sexual activity until

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marriage. This is a key part of a Christian sex education, as it is the only way to ensure that sexual activity is within the bounds of marriage.

## 2. Self-Control

The second thing that this passage teaches us about sex education is the importance of self-control. Self-control is the ability to resist temptation and to make wise decisions. This is an important part of a Christian sex education, as it helps us to make wise decisions about our sexual behavior.

## 3. Holiness

The third thing that this passage teaches us about sex education is the importance of holiness. Holiness is the practice of living a life that is pleasing to God. This is an important part of a Christian sex education, as it helps us to live in a way that honors God.

## 4. Respect

The fourth thing that this passage teaches us about sex education is the importance of respect. Respect is the practice of treating others with dignity and kindness. This is an important part of a Christian sex education, as it helps us to treat others with love and respect.

## 5. Education

The fifth thing that this passage teaches us about sex education is the importance of education. Education is the practice of learning about sex and sexuality in a safe and responsible way. This is an important part of a Christian sex education, as it helps us to make informed decisions about our sexual behavior.

**Salvation Prayers** : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. [Amen](#) [If you prayed the above prayers kindly click here to get more information](#)

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### **Quiz**

1. What does 1 Thessalonians 4:3-4 teach us about sex education?

- A. Abstinence
- B. Self-Control
- C. Holiness
- D. Respect
- E. All of the Above

2. What is the practice of refraining from sexual activity until marriage?

- A. Abstinence
- B. Self-Control
- C. Holiness
- D. Respect

3. What is the practice of living a life that is pleasing to God?

- A. Abstinence
- B. Self-Control
- C. Holiness
- D. Respect

4. What is the practice of treating others with dignity and kindness?

- A. Abstinence
- B. Self-Control
- C. Holiness
- D. Respect

5. What is the practice of learning about sex and sexuality in a safe and responsible way?

- A. Abstinence
- B. Self-Control
- C. Holiness
- D. Respect

**Rededication Prayers** : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen. [Amen](#)

[If you prayed the above prayers kindly click here to get more information](#)

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### Discussion Questions

1. How can we use 1 Thessalonians 4:3-4 to guide our sex education?
2. What are some practical ways to practice abstinence?
3. How can we develop self-control in our sexual behavior?
4. What does it mean to live a life of holiness?
5. How can we show respect for others in our sexual behavior?

## FAQs

Q: What does 1 Thessalonians 4:3-4 say?

A: 1 Thessalonians 4:3-4 reads, "For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor."• This passage is clear in its instruction to abstain from sexual immorality and to control our bodies in holiness and honor.

Q: What does this passage teach us about sex education?

A: This passage teaches us about the importance of abstinence, self-control, holiness, respect, and education in sex education. Abstinence is the practice of refraining from sexual activity until marriage. Self-control is the ability to resist temptation and to make wise decisions. Holiness is the practice of living a life that is pleasing to God. Respect is the practice of treating others with dignity and kindness. Education is the practice of learning about sex and sexuality in a safe and responsible way.

Q: How can we use 1 Thessalonians 4:3-4 to guide our sex education?

A: We can use 1 Thessalonians 4:3-4 to guide our sex education by emphasizing the importance of abstinence, self-control, holiness, respect, and education. We can also use this passage to remind us of the importance of making wise decisions about our sexual behavior and treating others with love and respect.

## Answers:

1. E
2. A
3. C
4. D
5. D

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