



Abstaining from sin

Description

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Abstaining from sin is an important part of living a happy and healthy life as a Christian. It is important to understand why abstaining from sin is important and how one can do so effectively.

What is Sin?

“Whoever commits sin also commits lawlessness, and sin is lawlessness.” – 1 John 3:4

Sin is defined by the Bible as any action or thought that goes against God’s laws or commands. This includes breaking the Ten Commandments, worshipping false gods, and disobeying the teachings of Jesus. Sin can also be defined more broadly as anything that causes harm, pain, or suffering to oneself or another person.

Why is Abstaining From Sin Important?

“Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and

acceptable and perfect.” – Romans 12:2

Abstaining from sin is important because it helps us to live a life that is pleasing to God. When we abstain from sin, we are taking steps to live a life that is in line with God’s will and filled with good, acceptable, and perfect things. When we abstain from sin, we are also taking steps to protect ourselves and others from harm, pain, and suffering.

How Can We Abstain From Sin?

“Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.” – Philippians 4:8

Abstaining from sin is a matter of putting the right things into our minds and hearts. When we think about what is true, honorable, just, pure, lovely, commendable, excellent, and worthy of praise, we are setting ourselves up to make better choices and abstain from sin. We can also abstain from sin through prayer, worship, and reading the Bible.

What are the Benefits of Abstaining From Sin?

“If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” – 1 John 1:9

The benefits of abstaining from sin are numerous. Abstaining from sin helps us to live a life that is pleasing to God and helps us to protect ourselves and others from harm. Additionally, abstaining from sin can lead to a closer relationship with God, as we are more likely to confess our sins and ask for His forgiveness and grace.

What Happens if We Fall Into Sin?

“Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.” – Hebrews 4:16

If we do fall into sin, it is important to remember that God is still full of mercy and grace. We can draw near to Him in prayer and ask for His forgiveness and help.

Additionally, we can take steps to ensure that we do not fall into the same sin again, such as putting the right things into our minds and hearts, engaging in prayer and worship, and reading the Bible.

Salvation Prayers : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. **Amen** [If you prayed the above prayers kindly click here to get more information](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)
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Search for any text or verse in the bible

Example: Joy, Love, 1 John 1:3

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Quiz

1. What is sin?

- A. Anything that causes harm, pain, or suffering
- B. Breaking the Ten Commandments
- C. Worshipping false gods
- D. All of the above

2. Why is abstaining from sin important?

- A. To live a life that is pleasing to God
- B. To protect ourselves and others from harm
- C. To receive God's mercy and grace
- D. All of the above

3. How can we abstain from sin?

A. Thinking about what is true, honorable, just, pure, lovely, commendable, excellent, and worthy of praise

B. Praying, worshipping, and reading the Bible

C. Drawing near to God in prayer

D. All of the above

4. What are the benefits of abstaining from sin?

A. A closer relationship with God

B. Protection from harm

C. Receiving God's mercy and grace

D. All of the above

5. What happens if we fall into sin?

A. We can draw near to God in prayer and ask for His forgiveness and help

B. We can take steps to ensure that we do not fall into the same sin again

C. God will not forgive us

D. All of the above

Discussion Questions

1. What are some practical steps you can take to abstain from sin?

2. How can a closer relationship with God help you to abstain from sin?

3. In what ways can reading the Bible help you to abstain from sin?

4. Why is it important to confess our sins and ask for forgiveness?

5. How can prayer and worship help you to abstain from sin?

Answers

1. A

2. D

3. D

4. A

5. D

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