



## Active listening in Parenting

### Description

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## Active Listening in Parenting: How It Affects Growth In Children

### Introduction

Active listening is a communication technique that involves listening carefully to what another person is saying, and then responding in a way that shows that you have heard and understood what they said. It is an important skill for parents to learn, as it can help them to better understand their children and build stronger relationships with them. In this blog post, we will explore active listening in parenting from a Christian perspective, looking at how the Bible can help us to understand the importance of this skill.

### The Bible and Active Listening

The Bible is full of passages that emphasize the importance of listening. In Proverbs 18:13, it says, “He who gives an answer before he hears, it is folly and shame to him.” This verse emphasizes the importance of listening before responding, which is a key part of active listening. In James 1:19, it says, “Let every man be swift to hear, slow to speak.” This verse encourages us to be

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quick to listen and slow to speak, which is another important part of active listening.

## The Benefits of Active Listening

Active listening can have many benefits for parents and their children. It can help parents to better understand their children's feelings and needs, and it can help them to respond in a way that is more supportive and understanding. It can also help to build trust and respect between parents and children, as children will feel that their parents are really listening to them and taking their feelings and needs seriously.

## Active Listening Strategies

There are many strategies that parents can use to practice active listening. One strategy is to repeat back what the child has said, to make sure that you have understood them correctly. Another strategy is to ask open-ended questions, which can help to encourage the child to talk more and give more information. It is also important to be patient and non-judgmental when listening to your child, and to avoid interrupting or giving advice.

**Salvation Prayers** : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. [Amen](#) If you prayed the above prayers kindly click here to get more information [https://www.xgospel.net/harvest\\_form/form/?page=0&salvation=true](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)

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## Conclusion

Active listening is an important skill for parents to learn, as it can help them to better understand their children and build stronger relationships with them. The

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Bible is full of passages that emphasize the importance of listening, and there are many strategies that parents can use to practice active listening. By taking the time to actively listen to their children, parents can help to create a more supportive and understanding environment in their home.

**Quiz**

1. What does active listening involve?

A. Talking

B. Listening carefully and responding

C. Giving advice

D. Interrupting

2. What does Proverbs 18:13 say about listening?

A. It is important to listen before responding

B. It is important to be quick to speak and slow to listen

C. It is folly and shame to answer before hearing

D. It is important to give advice

3. What is one strategy for practicing active listening?

A. Asking open-ended questions

B. Interrupting

C. Giving advice

D. Repeating back what the child has said

4. What is one benefit of active listening?

- A. Building trust and respect
  - B. Interrupting
  - C. Giving advice
  - D. Repeating back what the child has said
5. What does James 1:19 say about listening?
- A. It is important to listen before responding
  - B. It is important to be quick to speak and slow to listen
  - C. It is folly and shame to answer before hearing
  - D. It is important to give advice

**Rededication Prayers** : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen. [Amen](#)

If you prayed the above prayers kindly click here to get more information

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### Discussion Questions

1. What are some other strategies for practicing active listening?
2. How can active listening help to build trust and respect between parents and

children?

3. How can the Bible help us to understand the importance of active listening?

4. What are some of the challenges of active listening?

5. How can active listening help to create a more supportive and understanding environment in the home?

## **FAQs**

**Q:** What is active listening?

**A:** Active listening is a communication technique that involves listening carefully to what another person is saying, and then responding in a way that shows that you have heard and understood what they said.

**Q:** What are some strategies for practicing active listening?

**A:** Some strategies for practicing active listening include repeating back what the child has said, asking open-ended questions, being patient and non-judgmental, and avoiding interrupting or giving advice.

**Q:** What are the benefits of active listening?

**A:** The benefits of active listening include helping parents to better understand their children's feelings and needs, building trust and respect between parents and children, and creating a more supportive and understanding environment in the home.

**Q:** What does the Bible say about active listening?

**A:** The Bible is full of passages that emphasize the importance of listening. In Proverbs 18:13, it says, "He who gives an answer before he hears, it is folly and shame to him." In James 1:19, it says, "Let every man be swift to hear, slow to speak."

## **Quiz Answers**

1. B

2. C

3. D

4. A

5. B

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