

Addressing the taboo around sex

## Description

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Sex is a topic that is often considered taboo in many Christian circles. While it is a topic that is often avoided, it is important to address it in a healthy and respectful way. This blog post will explore the importance of addressing the taboo around sex from a Christian perspective.

## The Bible and Sex

The Bible has a lot to say about sex and its importance in a marriage. In the book of Genesis, God created sex as a way for a husband and wife to become one flesh. In the book of Proverbs, it is written that "He who finds a wife finds a good thing and obtains favor from the Lord" (Proverbs 18:22). The Bible also speaks of the importance of sexual purity and fidelity in marriage. In the book of Hebrews, it is written that "Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral" (Hebrews 13:4).

## The Importance of Addressing the Taboo

It is important to address the taboo around sex from a Christian perspective because it is a topic that is often avoided or not discussed in a healthy way. By

addressing the taboo, Christians can learn to talk about sex in a respectful and open way. This can help to create a safe space for couples to discuss their sexual needs and desires in a way that honors God and their marriage.

It is also important to address the taboo around sex because it can help to reduce the stigma that is often associated with sex. By talking openly and honestly about sex, Christians can help to create a culture of acceptance and understanding. This can help to reduce the shame and guilt that is often associated with sex and can help to create a more positive view of sex in the Christian community.

Finally, it is important to address the taboo around sex because it can help to create a more open and honest dialogue about sex in the Christian community. By talking openly and honestly about sex, Christians can learn to have healthy conversations about sex and can learn to better understand each other's needs and desires. This can help to create a more open and accepting atmosphere in the Christian community.

### Tips for Addressing the Taboo

When addressing the taboo around sex from a Christian perspective, it is important to remember to be respectful and open-minded. Here are some tips for addressing the taboo:

- Be open and honest about your own views on sex.
- Listen to and respect the views of others.
- Be willing to have difficult conversations about sex.
- Be willing to learn and grow in your understanding of sex.
- Be willing to ask questions and seek out answers.
- Be willing to talk about sex in a respectful and non-judgmental way.
- Be willing to accept that there may be different views on sex within the Christian community.

#### Quiz

- 1. What does the Bible say about sex?
- A. It is a sin
- B. It is a gift from God
- C. It is to be avoided
- D. It is only for married couples

2. What is the importance of addressing the taboo around sex from a Christian perspective?

- A. To reduce the stigma associated with sex
- B. To create a safe space for couples to discuss their sexual needs and desires
- C. To create a more open and honest dialogue about sex
- D. All of the above

3. What is one tip for addressing the taboo around sex from a Christian perspective?

- A. Be open and honest about your own views on sex
- B. Listen to and respect the views of others
- C. Be willing to have difficult conversations about sex
- D. All of the above

4. What book of the Bible speaks of the importance of sexual purity and fidelity in marriage?

- A. Genesis
- B. Proverbs
- C. Hebrews
- D. Matthew
- 5. What is the book of Proverbs written in?
- A. Hebrew
- B. Greek
- C. Latin

#### D. Aramaic

Salvation Prayers : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. Amen If you prayed the above prayers kindly click here to get more information https://www.xgospel.net/harvest\_form/form/?page=0&salvation=true

## Search for any text or verse in the bible Example: Joy, Love, 1 John 1:3

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#### **Discussion Questions**

1. What are some of the benefits of addressing the taboo around sex from a Christian perspective?

2. How can Christians create a safe space for couples to discuss their sexual needs and desires?

3. What are some tips for having healthy conversations about sex?

4. How can Christians create a more open and accepting atmosphere in the Christian community when it comes to sex?

5. What are some of the challenges of addressing the taboo around sex from a Christian perspective?

**Rededication Prayers :** Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen. <u>Amen</u> If you prayed the above prayers kindly click here to get more information

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#### FAQs

Q: What does the Bible say about sex?

A: The Bible speaks of the importance of sex in a marriage and the importance of sexual purity and fidelity in marriage. It is written in the book of Genesis that God created sex as a way for a husband and wife to become one flesh, and in the book of Proverbs it is written that "He who finds a wife finds a good thing and obtains favor from the Lord" (Proverbs 18:22). In the book of Hebrews, it is written that "Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral" (Hebrews 13:4).

Q: What is the importance of addressing the taboo around sex from a Christian perspective?

A: The importance of addressing the taboo around sex from a Christian perspective is to create a safe space for couples to discuss their sexual needsand desires in a way that honors God and their marriage. It can also help toreduce the stigma that is often associated with sex and can help to create a morepositive view of sex in the Christian community. Finally, it can help to create amore open and honest dialogue about sex in the Christian community.

Q: What are some tips for addressing the taboo around sex from a Christian perspective?

A: Some tips for addressing the taboo around sex from a Christian perspective include being open and honest about your own views on sex, listening to and respecting the views of others, being willing to have difficult conversations about sex, being willing to learn and grow in your understanding of sex, being willing to ask questions and seek out answers, being willing to talk about sex in a respectful and non-judgmental way, and being willing to accept that there may be different views on sex within the Christian community.

#### Answers: 1. B, 2. D, 3. D, 4. C, 5. A

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