



Discussion of the fruit of the Spirit listed in Galatians 5:22-23 and how they are evidence of the Holy Spirit’s work in a believer’s life

## Description

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The Fruit of the Spirit is a term used to describe the nine attributes of a person who is living in accordance with the Holy Spirit, according to Galatians 5:22-23. These attributes are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. These qualities are evidence of the Holy Spirit’s work in a believer’s life and are essential for living a life of faith.

### Love

The first and most important of the Fruit of the Spirit is love. Love is the foundation of all the other attributes and is the most important of all. Love is described in 1 Corinthians 13:4-7 as being patient, kind, not envious or boastful, not arrogant or rude, not insisting on its own way, not being irritable or resentful, not rejoicing in wrongdoing, but rejoicing in the truth. Love is the most important of the Fruit of the Spirit because it is the foundation of all the other attributes.

### Joy

The second of the Fruit of the Spirit is joy. Joy is the emotion of great delight or

happiness. It is a deep-seated emotion that comes from within and is not dependent on external circumstances. Joy is described in Nehemiah 8:10 as being “the joy of the Lord” and is evidence of the Holy Spirit’s work in a believer’s life.

## **Peace**

The third of the Fruit of the Spirit is peace. Peace is the state of being free from disturbance or tranquility. It is a state of being that is not dependent on external circumstances. Peace is described in Philippians 4:7 as being “the peace of God, which surpasses all understanding” and is evidence of the Holy Spirit’s work in a believer’s life.

## **Patience**

The fourth of the Fruit of the Spirit is patience. Patience is the ability to endure difficult situations without becoming angry or frustrated. It is a virtue that is essential for living a life of faith. Patience is described in James 1:4 as being “longsuffering” and is evidence of the Holy Spirit’s work in a believer’s life.

## **Kindness**

The fifth of the Fruit of the Spirit is kindness. Kindness is the quality of being friendly, generous, and considerate. It is an attribute that is essential for living a life of faith. Kindness is described in Ephesians 4:32 as being “tenderhearted” and is evidence of the Holy Spirit’s work in a believer’s life.

## **Goodness**

The sixth of the Fruit of the Spirit is goodness. Goodness is the quality of being morally right or virtuous. It is an attribute that is essential for living a life of faith. Goodness is described in Romans 12:21 as being “good to all” and is evidence of the Holy Spirit’s work in a believer’s life.

## **Faithfulness**

The seventh of the Fruit of the Spirit is faithfulness. Faithfulness is the quality of being loyal and trustworthy. It is an attribute that is essential for living a life of faith. Faithfulness is described in Proverbs 3:3 as being “steadfast” and is evidence of the Holy Spirit’s work in a believer’s life.

## **Gentleness**

The eighth of the Fruit of the Spirit is gentleness. Gentleness is the quality of being kind and considerate. It is an attribute that is essential for living a life of faith. Gentleness is described in Galatians 5:23 as being “meekness” and is evidence of the Holy Spirit’s work in a believer’s life.

## **Self-Control**

The ninth of the Fruit of the Spirit is self-control. Self-control is the ability to control one’s emotions, thoughts, and actions. It is an attribute that is essential for living a life of faith. Self-control is described in 2 Peter 1:6 as being “temperate” and is evidence of the Holy Spirit’s work in a believer’s life.

The Fruit of the Spirit are evidence of the Holy Spirit’s work in a believer’s life and are essential for living a life of faith. They are the qualities that God desires for us to have and are the evidence of His presence in our lives. As believers, we should strive to live in accordance with these attributes and to be a witness to the world of the power of the Holy Spirit.

**Salvation Prayers** : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. [Amen](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true) If you prayed the above prayers kindly click here to get more information [https://www.xgospel.net/harvest\\_form/form/?page=0&salvation=true](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)

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Example: Joy, Love, 1 John 1:3

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### Quiz

1. What is the first of the Fruit of the Spirit?
  - A. Joy
  - B. Peace
  - C. Love
  - D. Patience
2. What is the fourth of the Fruit of the Spirit?
  - A. Joy
  - B. Peace
  - C. Love
  - D. Patience
3. What is the seventh of the Fruit of the Spirit?
  - A. Kindness
  - B. Goodness
  - C. Faithfulness
  - D. Gentleness
4. What is the ninth of the Fruit of the Spirit?
  - A. Kindness
  - B. Goodness
  - C. Faithfulness
  - D. Self-Control
5. What is the quality of being loyal and trustworthy?
  - A. Kindness
  - B. Goodness
  - C. Faithfulness
  - D. Gentleness

**Rededication Prayers** : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in

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you and I pray this in Jesus' name, Amen. [Amen](#)

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### Quiz Answers

1. C. Love
2. D. Patience
3. C. Faithfulness
4. D. Self-Control
5. C. Faithfulness

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