



Explanation of how the Holy Spirit empowers believers to overcome sin and live a holy life

## Description

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The Holy Spirit is an integral part of the Christian faith. It is the third person of the Trinity, and it is through the power of the Holy Spirit that believers are able to overcome sin and live a holy life. In the Bible, Jesus said, “But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth” (Acts 1:8). This power is what enables believers to overcome sin and live a holy life.

### **The Holy Spirit Empowers Believers to Overcome Sin**

The Holy Spirit is the source of power for believers to overcome sin. The Bible says, “No one who is born of God will continue to sin, because God’s seed remains in them; they cannot go on sinning, because they have been born of God” (1 John 3:9). This means that when a person is born again, they are given the power of the Holy Spirit to help them overcome sin. The Holy Spirit works in the believer’s life to convict them of sin and to help them turn away from it.

### **The Holy Spirit Gives Believers Strength to Live a Holy Life**

The Holy Spirit also gives believers the strength to live a holy life. The Bible says, “Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.” (Romans 12:1). This means that believers are called to live a life that is pleasing to God. The Holy Spirit gives believers the strength to do this by helping them to resist temptation and to live a life that is pleasing to God.

### **The Holy Spirit Gives Believers Wisdom to Make Right Choices**

The Holy Spirit also gives believers the wisdom to make the right choices. The Bible says, “If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.” (James 1:5). This means that when believers are faced with difficult decisions, they can turn to the Holy Spirit for wisdom and guidance. The Holy Spirit will give them the wisdom they need to make the right choices.

### **The Holy Spirit Gives Believers Joy and Peace**

Finally, the Holy Spirit gives believers joy and peace. The Bible says, “The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.” (Galatians 5:22-23). This means that when believers are filled with the Holy Spirit, they will experience joy and peace in their lives. This joy and peace will help them to live a holy life and to overcome sin.

### **Quiz**

1. What does the Bible say about sin and the power of the Holy Spirit?

- A. Sin is inevitable and the power of the Holy Spirit is limited.
- B. Sin is inevitable but the power of the Holy Spirit is unlimited.
- C. Sin is avoidable and the power of the Holy Spirit is limited.
- D. Sin is avoidable and the power of the Holy Spirit is unlimited.

2. What does the Bible say about offering our bodies as a living sacrifice?

- A. It is not necessary.
- B. It is necessary but not pleasing to God.

C. It is necessary and pleasing to God.

D. It is necessary but not required.

3. What does the Bible say about wisdom?

A. It is not necessary.

B. It is necessary but not given by God.

C. It is necessary and given by God.

D. It is necessary but not available to all.

4. What does the Bible say about the fruit of the Spirit?

A. It is not necessary.

B. It is necessary but not given by the Holy Spirit.

C. It is necessary and given by the Holy Spirit.

D. It is necessary but not available to all.

5. What does the Bible say about overcoming sin?

A. It is not possible.

B. It is possible but not through the power of the Holy Spirit.

C. It is possible and through the power of the Holy Spirit.

D. It is possible but not through faith.

**Answers: B, C, C, C, C**

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