

## Faith and Confession

### Description

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In the Bible, faith and confession are two very important elements when it comes to our relationship with God. Both of these can be used to strengthen our relationship with God and help us stay on track with our faith.

#### 1. What is Faith?

Faith is the belief in something that cannot be seen or proven to be true. It is a steadfast trust in the promises of God, despite the fact that we cannot see them. In the Bible, faith is described as a “substance of things hoped for, the evidence of things not seen” (Heb 11:1). It is essential for our relationship with God, as it is the foundation of our trust in Him.

#### 2. What is Confession?

Confession is the practice of admitting our wrongdoings and asking for forgiveness from God. It is a way of expressing our remorse for our sins and a way of reminding ourselves that we are human and that we make mistakes. In the Bible, confession is described as a “confession of sins” (James 5:16). It is a necessary part of our relationship with God, as it helps us to stay accountable for our actions.

#### 3. How do Faith and Confession Work Together?

Faith and confession are both essential elements of our relationship with God. Faith allows us to trust in God’s promises, despite the fact that we cannot see them. Confession allows us to admit our wrongdoings and ask for forgiveness. Together, these two elements can help us to stay on track with our faith and remind us to stay accountable for our actions.

#### 4. What Does the Bible Say About Faith and Confession?

The Bible has many passages that speak of faith and confession. One of the most well-known passages is Hebrews 11:1, which states, "Now faith is the substance of things hoped for, the evidence of things not seen." This verse reminds us that faith is essential for our relationship with God, as it is what allows us to trust in His promises. Another important passage is James 5:16, which states, "Therefore confess your sins to each other and pray for each other so that you may be healed." This verse teaches us that confession is a necessary part of our relationship with God, as it allows us to stay accountable for our actions.

#### 5. How Can We Apply Faith and Confession to Our Lives?

We can apply faith and confession to our lives by remembering to trust in God's promises and by staying accountable for our actions. Faith allows us to put our trust in God, even when the situation does not make sense. Confession allows us to admit our wrongdoings and ask for forgiveness. Together, these two elements can help us to stay on track with our faith and build a strong relationship with God.

**Salvation Prayers** : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. **Amen** [If you prayed the above prayers kindly click here to get more information](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)  
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#### Quiz

1. What is faith?

A. The belief in something that cannot be seen or proven to be true

B. The practice of admitting our wrongdoings and asking for forgiveness

C. The evidence of things not seen

D. A way of expressing our remorse for our sins

2. What does the Bible say about faith and confession?

A. That faith is essential for our relationship with God

B. That confession is a necessary part of our relationship with God

C. That faith and confession should be applied to our lives

D. All of the above

3. What is confession?

A. The practice of admitting our wrongdoings and asking for forgiveness

B. The belief in something that cannot be seen or proven to be true

C. The evidence of things not seen

D. A way of expressing our remorse for our sins

4. How do faith and confession work together?

A. Faith allows us to put our trust in God and confession allows us to admit our wrongdoings

B. Faith allows us to trust in God's promises and confession allows us to stay accountable for our actions

C. Faith allows us to stay accountable for our actions and confession allows us to put our trust in God

D. Faith allows us to admit our wrongdoings and confession allows us to trust in God's promises

5. How can we apply faith and confession to our lives?

A. By remembering to trust in God's promises

B. By staying accountable for our actions

C. By putting our trust in God, even when the situation does not make sense

D. All of the above

### Discussion Questions

1. What other passages in the Bible speak of faith and confession?

2. How can we use faith and confession to strengthen our relationship with God?

3. How can we stay accountable for our actions?

4. What are some practical ways that we can apply faith and confession to our lives?

5. What are some of the challenges that we face when trying to maintain faith and confession in our lives?

### Answers to the Quiz

1. A

2. D

3. A

4. B

5. D

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