



## Human Emotions

### Description

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Humans are emotional creatures. We experience a wide range of emotions, from joy and love to sadness and anger. Our emotions can be powerful and overwhelming, and they can shape our lives in profound ways. As Christians, we believe that our emotions are a gift from God and that they can be used to bring us closer to Him. In this blog post, we will explore the role of emotions in the Christian faith and how we can use them to draw closer to God.

The Bible is full of examples of how emotions can be used to draw closer to God. In the book of Psalms, we see how David used his emotions to express his love for God. In Psalm 63:3, he says, “Because your love is better than life, my lips will glorify you.” Here, David is expressing his love for God through his emotions.

The Bible also teaches us that our emotions can be used to help us grow in our faith. In Romans 12:12, Paul writes, “Be joyful in hope, patient in affliction, faithful in prayer.” Here, Paul is teaching us that our emotions can be used to help us stay focused on God and to remain faithful in our prayers.

Our emotions can also be used to help us understand God’s will for our lives. In Philippians 4:6-7, Paul writes, “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to

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God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.â?• Here, Paul is teaching us that our emotions can be used to help us discern Godâ??s will for our lives.

Finally, our emotions can be used to help us serve others. In Matthew 25:40, Jesus says, â??Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.â?• Here, Jesus is teaching us that our emotions can be used to help us serve others in need.

**Salvation Prayers** : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. [Amen](#) If you prayed the above prayers kindly click here to get more information [https://www.xgospel.net/harvest\\_form/form/?page=0&salvation=true](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)

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Example: Joy, Love, 1 John 1:3

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Our emotions can be a powerful tool in our spiritual lives. By using our emotions to draw closer to God, to discern His will for our lives, and to serve others, we can grow in our faith and become more like Christ.

### Quiz

1. What does the Bible teach us about using our emotions to draw closer to God?

- A. We should ignore our emotions
- B. We should use our emotions to express our love for God
- C. We should use our emotions to stay focused on God
- D. We should use our emotions to serve others

2. What does Paul say in Romans 12:12?

- A. â??Be joyful in hope, patient in affliction, faithful in prayer.â?•
- B. â??Do not be anxious about anything.â?•
- C. â??Love your neighbor as yourself.â?•

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D. Trust in the Lord with all your heart.

3. What does Jesus say in Matthew 25:40?

A. Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.

B. Love your neighbor as yourself.

C. Do not be anxious about anything.

D. Trust in the Lord with all your heart.

4. What does David say in Psalm 63:3?

A. Be joyful in hope, patient in affliction, faithful in prayer.

B. Do not be anxious about anything.

C. Love your neighbor as yourself.

D. Because your love is better than life, my lips will glorify you.

5. What does Paul say in Philippians 4:6-7?

A. Be joyful in hope, patient in affliction, faithful in prayer.

B. Do not be anxious about anything.

C. Love your neighbor as yourself.

D. Present your requests to God with thanksgiving.

**Rededication Prayers** : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen. [Amen](#)

If you prayed the above prayers kindly click here to get more information

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### Discussion Questions

1. How can we use our emotions to draw closer to God?
2. What does the Bible teach us about using our emotions to discern God's will for our lives?
3. How can our emotions help us serve others?
4. What are some practical ways to use our emotions to grow in our faith?
5. How can we use our emotions to express our love for God?

### FAQs

Q: What does the Bible say about emotions?

A: The Bible teaches us that our emotions can be used to draw closer to God, to discern His will for our lives, and to serve others.

Q: How can we use our emotions to draw closer to God?

A: We can use our emotions to express our love for God, to stay focused on Him, and to remain faithful in our prayers.

Q: How can our emotions help us discern God's will for our lives?

A: We can use our emotions to help us understand God's will for our lives by praying and presenting our requests to Him with thanksgiving.

Q: How can our emotions help us serve others?

A: We can use our emotions to help us serve others in need by being compassionate and loving towards them.

Q: What are some practical ways to use our emotions to grow in our faith?

A: Some practical ways to use our emotions to grow in our faith include praying, meditating on Scripture, and spending time in fellowship with other believers.

**Answers: 1. B, 2. A, 3. A, 4. D, 5. D**

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