

Identifying common obstacles to spiritual growth

Description

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Spiritual growth is an important part of the Christian faith. It is a journey of faith that requires dedication and commitment. As we grow in our faith, we are able to better understand and appreciate the teachings of Jesus Christ. However, there are common obstacles that can hinder our spiritual growth. In this blog post, we will discuss some of these obstacles and how to overcome them.

1. Lack of Time

One of the most common obstacles to spiritual growth is a lack of time. With our busy lives, it can be difficult to find time to devote to prayer, Bible study, and other spiritual activities. However, it is important to make time for these activities, as they are essential for spiritual growth. The Bible says, “Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil” (Ephesians 5:15-16).

2. Lack of Knowledge

Another obstacle to spiritual growth is a lack of knowledge. Many people do not have a good understanding of the Bible or the teachings of Jesus Christ. Without a good understanding of these things, it can be difficult to grow spiritually. The Bible says, “My people are destroyed from lack of knowledge” (Hosea 4:6). To overcome this obstacle, it is important to read the Bible and study the teachings of Jesus Christ.

3. Distractions

Distractions can also be an obstacle to spiritual growth. With so many things competing for our attention, it can be difficult to focus on spiritual matters. The Bible says, “Do not love the world or anything in the world. If anyone loves the

world, love for the Father is not in them” (1 John 2:15). To overcome this obstacle, it is important to set aside time each day to focus on spiritual matters and to avoid distractions.

4. Sin

Sin can also be an obstacle to spiritual growth. When we sin, it can be difficult to draw close to God and to grow spiritually. The Bible says, “If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness” (1 John 1:9). To overcome this obstacle, it is important to confess our sins and to strive to live a life that is pleasing to God.

Salvation Prayers : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. [Amen](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true) [If you prayed the above prayers kindly click here to get more information](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)

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Example: Joy, Love, 1 John 1:3

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5. Unbelief

Unbelief can also be an obstacle to spiritual growth. When we do not believe in the power of God, it can be difficult to grow spiritually. The Bible says, “Without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him” (Hebrews 11:6). To overcome this obstacle, it is important to have faith in God and to trust in his promises.

Rededication Prayers : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen.

[Amen](#)

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Quiz

1. What does the Bible say about making the most of every opportunity?

A. “Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil” (Ephesians 5:15-16).

B. “Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them” (1 John 2:15).

C. “My people are destroyed from lack of knowledge” (Hosea 4:6).

D. “Without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him” (Hebrews 11:6).

2. What does the Bible say about sin?

A. “Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil” (Ephesians 5:15-16).

B. “Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them” (1 John 2:15).

C. “My people are destroyed from lack of knowledge” (Hosea 4:6).

D. “If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness” (1 John 1:9).

3. What is one way to overcome the obstacle of lack of knowledge?

- A. Set aside time each day to focus on spiritual matters.
- B. Read the Bible and study the teachings of Jesus Christ.
- C. Avoid distractions.
- D. Confess our sins.

4. What does the Bible say about unbelief?

- A. "Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil" (Ephesians 5:15-16).
- B. "Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them" (1 John 2:15).
- C. "My people are destroyed from lack of knowledge" (Hosea 4:6).
- D. "Without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him" (Hebrews 11:6).

5. What is one way to overcome the obstacle of sin?

- A. Set aside time each day to focus on spiritual matters.
- B. Read the Bible and study the teachings of Jesus Christ.
- C. Avoid distractions.
- D. Confess our sins and strive to live a life that is pleasing to God.

Discussion Questions

- 1. What are some other common obstacles to spiritual growth?
- 2. How can we make time for spiritual activities in our busy lives?

3. What are some ways to stay focused on spiritual matters?

4. How can we have faith in God and trust in his promises?

5. What are some practical steps we can take to grow spiritually?

FAQs

Q: What is spiritual growth?

A: Spiritual growth is the process of deepening our relationship with God and growing in our understanding and appreciation of the teachings of Jesus Christ.

Q: What are some common obstacles to spiritual growth?

A: Some common obstacles to spiritual growth include a lack of time, a lack of knowledge, distractions, sin, and unbelief.

Q: How can we overcome these obstacles?

A: To overcome these obstacles, it is important to make time for spiritual activities, read the Bible and study the teachings of Jesus Christ, set aside time each day to focus on spiritual matters, avoid distractions, confess our sins, and have faith in God and trust in his promises.

Answers: 1. A, 2. D, 3. B, 4. D, 5. D

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