



## Benefit of Intimacy in Marriage

### Description

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Intimacy is an essential part of any marriage, and it is especially important in a Christian marriage. Intimacy is not just physical, but also emotional. It is a way for couples to connect on a deeper level and to share their feelings and thoughts with each other. In the Bible, God encourages couples to be intimate with each other, as it is a way to strengthen their bond and to show their love for one another.

### What is Intimacy?

Intimacy is a close, personal connection between two people. It is a way for couples to express their love and to share their feelings and thoughts with each other. Intimacy can be physical, such as holding hands, hugging, and kissing, or it can be emotional, such as talking about personal issues and sharing secrets. Intimacy is an important part of any marriage, as it helps to strengthen the bond between the couple and to create a deeper connection.

### The Bible and Intimacy

The Bible encourages couples to be intimate with each other, as it is a way to show their love for one another. In the book of Genesis, God says, “Therefore a

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man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh” (Genesis 2:24). This verse is often interpreted to mean that couples should be intimate with each other, as it is a way to become one.

The Bible also encourages couples to be emotionally intimate with each other. In the book of Proverbs, it says, “Let your fountain be blessed, and rejoice in the wife of your youth, a lovely deer, a graceful doe. Let her breasts fill you at all times with delight; be intoxicated always in her love” (Proverbs 5:18-19). This verse is often interpreted to mean that couples should be emotionally intimate with each other, as it is a way to show their love and to be filled with joy.

## The Benefits of Intimacy

Intimacy is an important part of any marriage, as it helps to strengthen the bond between the couple and to create a deeper connection. Intimacy can help couples to feel closer to each other and to better understand each other’s feelings and thoughts. It can also help to reduce stress and to improve communication between the couple. Intimacy can also help to increase trust and to create a stronger bond between the couple.

## Intimacy in a Christian Marriage

Intimacy is especially important in a Christian marriage, as it is a way for couples to show their love for each other and to strengthen their bond. In the Bible, God encourages couples to be intimate with each other, as it is a way to become one. Intimacy can help couples to feel closer to each other and to better understand each other’s feelings and thoughts. It can also help to reduce stress and to improve communication between the couple.

**Salvation Prayers** : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. **Amen** If you prayed the above prayers kindly click here to get more information [https://www.xgospel.net/harvest\\_form/form/?page=0&salvation=true](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)

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Intimacy is an important part of any marriage, and it is especially important in a Christian marriage. Intimacy is not just physical, but also emotional. It is a way for couples to connect on a deeper level and to share their feelings and thoughts with each other. In the Bible, God encourages couples to be intimate with each other, as it is a way to strengthen their bond and to show their love for one another.

**Rededication Prayers** : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen. [Amen](#)

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### Quiz

1. What is intimacy?

- A. A physical connection between two people
- B. A close, personal connection between two people
- C. A way to show love
- D. All of the above

2. What does the Bible say about intimacy?

- A. It is a way to become one
- B. It is a way to show love

- C. It is a way to strengthen the bond between the couple
  - D. All of the above
3. What are the benefits of intimacy?
- A. It helps to reduce stress
  - B. It helps to improve communication
  - C. It helps to increase trust
  - D. All of the above
4. What is especially important about intimacy in a Christian marriage?
- A. It is a way to show love
  - B. It is a way to become one
  - C. It is a way to strengthen the bond between the couple
  - D. All of the above
5. What is the book of Proverbs in the Bible about?
- A. Intimacy
  - B. Love
  - C. Marriage
  - D. Joy

### Discussion Questions

1. How can intimacy help to strengthen a Christian marriage?
2. What are some ways to be emotionally intimate with your spouse?
3. How can intimacy help to reduce stress in a marriage?
4. What are some ways to show love to your spouse through intimacy?
5. How can couples use the Bible to help them be more intimate with each other?

### FAQs

Q: What is intimacy?

A: Intimacy is a close, personal connection between two people. It is a way for couples to express their love and to share their feelings and thoughts with each other. Intimacy can be physical, such as holding hands, hugging, and kissing, or it can be emotional, such as talking about personal issues and sharing secrets.

Q: What does the Bible say about intimacy?

A: The Bible encourages couples to be intimate with each other, as it is a way to

show their love for one another. In the book of Genesis, God says, “Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh” (Genesis 2:24). This verse is often interpreted to mean that couples should be intimate with each other, as it is a way to become one.

Q: What are the benefits of intimacy?

A: Intimacy is an important part of any marriage, as it helps to strengthen the bond between the couple and to create a deeper connection. Intimacy can help couples to feel closer to each other and to better understand each other’s feelings and thoughts. It can also help to reduce stress and to improve communication between the couple. Intimacy can also help to increase trust and to create a stronger bond between the couple.

Q: What is especially important about intimacy in a Christian marriage?

A: Intimacy is especially important in a Christian marriage, as it is a way for couples to show their love for each other and to strengthen their bond. In the Bible, God encourages couples to be intimate with each other, as it is a way to become one. Intimacy can help couples to feel closer to each other and to better understand each other’s feelings and thoughts. It can also help to reduce stress and to improve communication between the couple.

Answers: 1. B, 2. D, 3. D, 4. D, 5. D

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