



Trusting in God's sovereignty and love as a way of managing fear

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Trust in God's Sovereignty and Love as a Way of Managing Fear

Fear is a natural emotion that can be both helpful and harmful. It can be helpful in that it can alert us to danger and motivate us to take action. However, it can also be harmful if it becomes overwhelming and causes us to become paralyzed with fear. As Christians, we can turn to God's sovereignty and love as a way of managing fear.

God's Sovereignty

God is sovereign over all things. He is in control of all that happens in the world and in our lives. This means that nothing happens outside of His will. He is the one who determines the course of our lives and the events that take place in the world. This can be a source of comfort and peace in times of fear.

Psalm 46:1-3 says, "God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging."

God's sovereignty means that He is in control of all things and nothing can happen outside of His will. This can be a source of comfort and peace in times of fear. We can trust that He is in control and that He will work all things together for good.

God's Love

God's love is another source of comfort and peace in times of fear. He loves us unconditionally and is always with us. He will never leave us or forsake us. He is always there to provide comfort and strength in times of need.

Romans 8:38-39 says, "For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord."

God's love is a source of comfort and peace in times of fear. We can trust that He is always with us and that He will never leave us or forsake us. We can also trust that He will work all things together for good.

Conclusion

Fear can be both helpful and harmful. As Christians, we can turn to God's sovereignty and love as a way of managing fear. God is sovereign over all things and nothing can happen outside of His will. He is also always with us and will never leave us or forsake us. We can trust that He is in control and that He will work all things together for good.

Salvation Prayers : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. Amen [If you prayed the above prayers kindly click here to get more information](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)
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Example: Joy, Love, 1 John 1:3

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Quiz

1. What does it mean that God is sovereign?

- A. He is in control of all things
- B. He is always with us
- C. He will never leave us or forsake us
- D. All of the above

2. What does Romans 8:38-39 say?

- A. God is our refuge and strength
- B. Neither death nor life can separate us from the love of God
- C. The present and future are in God's hands
- D. All of the above

3. What can we trust God to do?

- A. Work all things together for good
- B. Provide comfort and strength in times of need
- C. Be with us always
- D. All of the above

4. What can be a source of comfort and peace in times of fear?

- A. God's sovereignty
- B. God's love
- C. Both A and B
- D. None of the above

5. What can fear be helpful for?

- A. Alerting us to danger
- B. Motivating us to take action
- C. Both A and B
- D. None of the above

Rededication Prayers : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen. [Amen](#)

If you prayed the above prayers kindly click here to get more information

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Answers: 1. D, 2. B, 3. D, 4. C, 5. C

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