



Managing Quality time in Parenting

Description

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Steps to Managing Quality time in Parenting

Parenting is a challenging yet rewarding experience. It is important to manage quality time with your children in order to ensure that they are growing up in a healthy and loving environment. As Christians, we can look to the Bible for guidance on how to manage quality time with our children.

1. Establish a Routine

The Bible encourages us to establish a routine in our lives. Proverbs 16:9 says, “The heart of man plans his way, but the Lord establishes his steps.” This verse reminds us that while we can plan our lives, ultimately it is God who will determine our steps. Establishing a routine for our children can help them to develop healthy habits and provide structure in their lives.

2. Spend Time Together

The Bible also encourages us to spend time together as a family. Deuteronomy 6:7 says, “You shall teach them diligently to your children, and shall talk of them

when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.” This verse reminds us that we should be intentional about spending time with our children and teaching them about God’s Word.

3. Model Good Behavior

The Bible also encourages us to model good behavior for our children. Proverbs 22:6 says, “Train up a child in the way he should go; even when he is old he will not depart from it.” This verse reminds us that our children will learn from our example and that we should strive to be good role models for them.

4. Show Love and Affection

The Bible also encourages us to show love and affection to our children. Ephesians 6:4 says, “Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.” This verse reminds us that we should strive to show our children love and affection, rather than anger and frustration.

5. Pray Together

Finally, the Bible encourages us to pray together as a family. Matthew 18:20 says, “For where two or three are gathered in my name, there am I among them.” This verse reminds us that when we pray together as a family, God is present with us. Praying together can help to strengthen our family bond and provide an opportunity for us to talk to God together.

Salvation Prayers : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. [Amen](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true) If you prayed the above prayers kindly click here to get more information https://www.xgospel.net/harvest_form/form/?page=0&salvation=true

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These are just a few of the ways that we can manage quality time with our children as Christians. By establishing a routine, spending time together, modeling good behavior, showing love and affection, and praying together, we can ensure that our children are growing up in a healthy and loving environment.

Rededication Prayers : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen. [Amen](#)

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Quiz

1. What does Proverbs 16:9 say about planning our lives?

- A. We should plan our lives according to God's will.
- B. We should plan our lives according to our own desires.
- C. We should plan our lives according to the advice of others.
- D. We should plan our lives according to our own wisdom.

2. What does Deuteronomy 6:7 say about spending time with our children?

- A. We should spend time with our children when we are able.
- B. We should spend time with our children when we are bored.
- C. We should spend time with our children and teach them about God's Word.
- D. We should spend time with our children and teach them about the world.

3. What does Proverbs 22:6 say about raising our children?

- A. We should raise our children in the way they should go.
- B. We should raise our children in the way we want them to go.
- C. We should raise our children in the way of the world.
- D. We should raise our children in the way of the Lord.

4. What does Ephesians 6:4 say about showing our children love and affection?

- A. We should show our children love and affection.
- B. We should show our children anger and frustration.
- C. We should show our children respect and obedience.
- D. We should show our children discipline and instruction.

5. What does Matthew 18:20 say about praying together as a family?

- A. God is present when we pray together as a family.
- B. God is absent when we pray together as a family.
- C. We should pray together as a family to show our love for God.
- D. We should pray together as a family to show our love for each other.

Answers: A, C, A, A, A

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