



## Obtaining Revelation Knowledge through Fasting

### Description

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## Obtaining Revelation Knowledge through Fasting

Fasting is a spiritual practice that has been used for centuries to seek God's guidance and revelation. It is a time of self-denial and prayer, and it can be a powerful tool for gaining insight and understanding. In the Bible, fasting is mentioned many times, and it is seen as a way to draw closer to God and to receive His wisdom and guidance.

### I. What is Fasting?

Fasting is the practice of abstaining from food and drink for a period of time. It is often done for religious or spiritual reasons, and it can be done for a variety of lengths of time, from a few hours to several days. Fasting is a way to focus on prayer and spiritual growth, and it can be a powerful tool for gaining insight and understanding.

### II. Biblical Examples of Fasting

The Bible is full of examples of people who fasted in order to seek God's guidance

and revelation. In the Old Testament, Moses fasted for forty days and nights when he received the Ten Commandments (Exodus 34:28). In the New Testament, Jesus fasted for forty days and nights in the wilderness (Matthew 4:2). The Apostle Paul also fasted for three days when he received a revelation from God (Acts 9:9).

### **III. Benefits of Fasting**

Fasting can be a powerful tool for gaining insight and understanding. It can help us to focus on prayer and spiritual growth, and it can help us to draw closer to God. Fasting can also help us to gain clarity and insight into difficult situations, and it can help us to make decisions that are in line with God's will.

### **IV. How to Fast**

When fasting, it is important to remember that it is not just about abstaining from food and drink. It is also about prayer and spiritual growth. Before beginning a fast, it is important to set aside time to pray and to focus on God. During the fast, it is important to spend time in prayer and to focus on God's Word.

### **V. Conclusion**

Fasting is a powerful tool for gaining insight and understanding. It can help us to draw closer to God and to receive His wisdom and guidance. The Bible is full of examples of people who fasted in order to seek God's guidance and revelation, and it is a practice that has been used for centuries. When fasting, it is important to remember that it is not just about abstaining from food and drink, but also about prayer and spiritual growth.

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Fasting can be a powerful tool for gaining insight and understanding, and it can help us to make decisions that are in line with God's will. As we seek God's guidance and revelation through fasting, let us remember the words of Isaiah 58:6-7: "Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh?"

**Salvation Prayers** : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. [Amen](#) If you prayed the above prayers kindly click here to get more information [https://www.xgospel.net/harvest\\_form/form/?page=0&salvation=true](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)

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**Rededication Prayers** : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen. [Amen](#) If you prayed the above prayers kindly click here to get more information [https://www.xgospel.net/harvest\\_form/form/?page=0&salvation=true](#)

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### Quiz

1. What is fasting?

- A. Abstaining from food and drink for a period of time
- B. Eating only fruits and vegetables
- C. Eating only bread and water
- D. Eating only one meal a day

2. What is the purpose of fasting?

- A. To lose weight
- B. To draw closer to God
- C. To gain insight and understanding
- D. To show obedience to God

3. What is an example of fasting in the Bible?

- A. Moses fasted for forty days and nights when he received the Ten Commandments
- B. Jesus fasted for forty days and nights in the wilderness
- C. The Apostle Paul fasted for three days when he received a revelation from God
- D. All of the above

4. What is an example of a benefit of fasting?

- A. Gaining clarity and insight into difficult situations
- B. Making decisions that are in line with God's will
- C. Drawing closer to God
- D. All of the above

5. What is an important part of fasting?

- A. Abstaining from food and drink
- B. Prayer and spiritual growth

C. Focusing on God's Word

D. All of the above

**Answers: A, C, D, D, D**

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