

Parenting Guidelines

Description

Parenting is one of the most challenging and rewarding experiences of human life. It involves nurturing and guiding a child through various stages of development, from infancy to adolescence and beyond. In this series we outline 1. Concept of Parenting 2. ABC of Parenting 3. Different parenting styles 4. Biblical Foundation 5: Impact of parenting on a child's development 6. Challenges faced by parents 7. Effective parenting strategies

Chapter 1: Concept of Parenting

- Parenting
- Child psychology

Chapter 2: ABC of Parenting

- Types of Antecedent in Parenting
- Sharpening how to deliver messages to your kids
- Effective Prompt in Parenting
- Understanding the Behavior of children
- Understanding adolescent behavior
- Changing children behavior with simulation

- Changing children behavior with modelling
- Replacing punishment with positive opposite in parenting
- Attending and plan ignoring in parenting
- Re-enforcing positive behavior in children with point programs
- Punishment in Parenting
- Effective ways to use punishment in Parenting
- · Compromising with your adolescent child
- Solving school problems of your child from home

Chapter 3: Different parenting styles

- Authoritarian Parenting Style
- Permissive Parenting Style
- Authoritative Parenting Style
- Uninvolved Parenting Style

Chapter 4: Biblical Foundation

- The role of parents as God's representatives
- The importance of training and disciplining children
- The responsibility of parents to pass on faith to their children

Chapter 5: Impact of parenting on a child's development

- Emotional development in Children
- Social development in Children
- Cognitive development in Children
- Physical development in Children

Chapter 6: Challenges faced by parents

• Challenges of Financial constraints in Parenting

- Challenges of Work-life balance in Parenting
- Coping with stress and anxiety in Parenting
- Balancing discipline and nurturing in Parenting

Chapter 7: Effective parenting strategies

- Positive reinforcement in Parenting
- Active listening in Parenting
- Using Consistency as a strategy in Parenting
- Setting boundaries in Parenting
- Managing Quality time in Parenting
- Importance of being a responsible and effective parent
- How to use effective praise in Parenting
- Home schooling

