



Substance use disorders in mental health

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## Substance Use Disorders

Substance use disorders are a major issue in mental health today. They can have a devastating impact on individuals, families, and communities. In this blog post, we will explore substance use disorders from a Christian perspective, looking at how the Bible speaks to this issue and how we can best support those affected by it.

The Bible speaks to the issue of substance use disorders in several ways. In Proverbs 20:1, it says, “Wine is a mocker, strong drink is raging: and whosoever is deceived thereby is not wise.” This verse speaks to the dangers of alcohol and other substances, and the potential for addiction and destruction that can come with them. In 1 Corinthians 6:12, it says, “All things are lawful unto me, but all things are not expedient: all things are lawful for me, but I will not be brought under the power of any.” This verse speaks to the idea that while we are free to make our own choices, we should not be enslaved by them.

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## Importance Of Community And Support In Dealing With Substance Use Disorders

The Bible also speaks to the importance of community and support in dealing with substance use disorders. In Galatians 6:2, it says, "Bear ye one another's burdens, and so fulfill the law of Christ." This verse speaks to the importance of being there for one another in times of need, and of supporting those who are struggling with substance use disorders.

**Salvation Prayers** : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. [Amen](#) If you prayed the above prayers kindly click here to get more information [https://www.xgospel.net/harvest\\_form/form/?page=0&salvation=true](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)

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Example: Joy, Love, 1 John 1:3

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In addition to the support of the community, there are also a number of resources available to those struggling with substance use disorders. These include support groups, counseling, and treatment programs. It is important to seek out these resources and to take advantage of them in order to get the help and support needed to overcome substance use disorders.

**Rededication Prayers** : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen. [Amen](#) If you prayed the above prayers kindly click here to get more information [https://www.xgospel.net/harvest\\_form/form/?page=0&rededication=true&wise=0](https://www.xgospel.net/harvest_form/form/?page=0&rededication=true&wise=0)

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Finally, it is important to remember that God is always there for us, no matter what we are going through. In Psalm 34:18, it says, “The Lord is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.” This verse speaks to the comfort and hopes that God provides to those who are struggling with substance use disorders.

### Quiz

1. What does Proverbs 20:1 say about alcohol and other substances?

A. They are a blessing

B. They are a curse

C. They are a temptation

D. They are a joy

2. What does 1 Corinthians 6:12 say about making choices?

A. We should make wise choices

B. We should make our own choices

C. We should not be enslaved by our choices

D. We should not make any choices

3. What does Galatians 6:2 say about supporting those with substance use disorders?

A. We should bear one another's burdens

B. We should ignore them

C. We should judge them

D. We should give them money

4. What kind of resources are available to those struggling with substance use disorders?

A. Support groups

B. Counseling

C. Treatment programs

D. All of the above

5. What does Psalm 34:18 say about God?

A. He is far away

B. He is a judge

C. He is nigh unto them that are of a broken heart

D. He is a temptation

### **Discussion Questions**

1. What does the Bible say about substance use disorders?

2. What kind of resources are available to those struggling with substance use disorders?

3. How can we best support those affected by substance use disorders?

4. What role does God play in helping those with substance use disorders?

5. What can we do to prevent substance use disorders in our communities?

### **FAQs**

**Q:** What does the Bible say about substance use disorders?

**A:** The Bible speaks to the issue of substance use disorders in several ways. In Proverbs 20:1, it says, “Wine is a mocker, strong drink is raging: and whosoever is deceived thereby is not wise.” This verse speaks to the dangers of alcohol and other substances, and the potential for addiction and destruction that can come with them. In 1 Corinthians 6:12, it says, “All things are lawful unto me, but all things are not expedient: all things are lawful for me, but I will not be brought under the power of any.” This verse speaks to the idea that while we are free to make our own choices, we should not be enslaved by them.

**Q:** What kind of resources are available to those struggling with substance use disorders?

**A:** There are a number of resources available to those struggling with substance use disorders, including support groups, counseling, and treatment programs. It is important to seek out these resources and to take advantage of them in order to get the help and support needed to overcome substance use disorders.

**Q:** How can we best support those affected by substance use disorders?

**A:** The Bible speaks to the importance of community and support in dealing with substance use disorders. In Galatians 6:2, it says, “Bear ye one another’s burdens, and so fulfill the law of Christ.” This verse speaks to the importance of being there for one another in times of need, and of supporting those who are struggling with substance use disorders.

**Q:** What role does God play in helping those with substance use disorders?

A: It is important to remember that God is always there for us, no matter what we are going through. In Psalm 34:18, it says, “The Lord is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.” This verse speaks to the comfort and hopes that God provides to those who are struggling with substance use disorders.

Q: What can we do to prevent substance use disorders in our communities?

A: There are a number of steps that can be taken to prevent substance use disorders in our communities, including education and awareness, early intervention, and providing resources and support for those affected. It is important to take a proactive approach to prevent substance use disorders in order to ensure the health and safety of our communities.

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