

The blessings of Jesus

Description

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The blessings of Jesus are a cornerstone of Christianity. Jesus himself said, “Blessed are those who hear the word of God and obey it” (Luke 11:28). Jesus’ blessings are not only spiritual, but also physical, emotional, and mental. They are a source of strength and comfort for believers.

The Spiritual Blessing

The spiritual blessing of Jesus is the most important. It is the foundation of all other blessings. Jesus said, “I am the way, the truth, and the life. No one comes to the Father except through me” (John 14:6). Through Jesus, believers can have a relationship with God and receive His grace and mercy.

The Physical Blessing

The physical blessing of Jesus is the healing power of His touch. Jesus healed the sick, the blind, the lame, and the deaf. He also raised the dead. He said, “I have come that they may have life, and have it to the full” (John 10:10).

The Emotional Blessing

The emotional blessing of Jesus is His love and compassion. He said, “Come to me, all you who are weary and burdened, and I will give you rest” (Matthew 11:28). Jesus understands our struggles and offers us comfort and peace.

The Mental Blessing

The mental blessing of Jesus is His wisdom. He said, "If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault" (James 1:5). Jesus' wisdom can help us make wise decisions and live a life of purpose.

Salvation Prayers : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. **Amen** [If you prayed the above prayers kindly click here to get more information](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)
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Example: Joy, Love, 1 John 1:3

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Quiz

1. What did Jesus say about hearing the word of God?

- A. Blessed are those who hear the word of God and obey it
- B. Blessed are those who hear the word of God and reject it
- C. Blessed are those who hear the word of God and ignore it
- D. Blessed are those who hear the word of God and doubt it

2. What is the foundation of all other blessings?

- A. The physical blessing
- B. The emotional blessing
- C. The mental blessing
- D. The spiritual blessing

3. What did Jesus say about coming to Him?

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- A. Come to me, all you who are weary and burdened, and I will give you rest
 - B. Come to me, all you who are weary and burdened, and I will give you strength
 - C. Come to me, all you who are weary and burdened, and I will give you joy
 - D. Come to me, all you who are weary and burdened, and I will give you peace

4. What did Jesus say about having life to the full?

- A. I have come that they may have life, and have it to the full
- B. I have come that they may have life, and have it to the fullest
- C. I have come that they may have life, and have it to the maximum
- D. I have come that they may have life, and have it to the extreme

5. What did Jesus say about asking God for wisdom?

- A. If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault
- B. If any of you lacks wisdom, he should ask God, who gives generously to some without finding fault
- C. If any of you lacks wisdom, he should ask God, who gives generously to all with finding fault
- D. If any of you lacks wisdom, he should ask God, who gives generously to some with finding fault

Rededication Prayers : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen. [Amen](#)

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Discussion Questions

1. What are the spiritual, physical, emotional, and mental blessings of Jesus?
2. How can Jesus' blessings help us in our daily lives?
3. How can we receive the spiritual blessing of Jesus?
4. What does it mean to have life to the full?
5. How can we access the wisdom of Jesus?

FAQs

Q: What is the spiritual blessing of Jesus?

A: The spiritual blessing of Jesus is the most important. It is the foundation of all other blessings. Through Jesus, believers can have a relationship with God and receive His grace and mercy.

Q: What is the physical blessing of Jesus?

A: The physical blessing of Jesus is the healing power of His touch. Jesus healed the sick, the blind, the lame, and the deaf. He also raised the dead.

Q: What is the emotional blessing of Jesus?

A: The emotional blessing of Jesus is His love and compassion. He said, "Come to me, all you who are weary and burdened, and I will give you rest" (Matthew 11:28).

Q: What is the mental blessing of Jesus?

A: The mental blessing of Jesus is His wisdom. He said, "If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault" (James 1:5).

Q: How can we access the blessings of Jesus?

A: We can access the blessings of Jesus through prayer, reading the Bible, and spending time in fellowship with other believers.

Answers: 1. A, 2. D, 3. A, 4. A, 5. A

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