



Why is sex education beneficial

## Description

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Sex education is an important part of any child's education. It is a way to provide children with the knowledge and skills they need to make informed decisions about their sexual health and relationships. From a Christian perspective, sex education is beneficial because it helps children understand God's plan for sexuality and relationships.

## God's Plan for Sexuality

The Bible is clear that God created sex for the purpose of marriage. In Genesis 2:24, it says, "Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh." This verse shows that God intended sex to be a part of a committed, monogamous relationship between a man and a woman.

God also created sex to be a source of pleasure and intimacy. In the Song of Solomon, it says, "Let him kiss me with the kisses of his mouth! For your love is better than wine." (Song of Solomon 1:2). This verse shows that God intended sex to be a source of pleasure and intimacy between a husband and wife.

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## God's Plan for Relationships

The Bible also provides guidance on how to build healthy relationships. In Ephesians 5:21-33, it says, "Be subject to one another out of reverence for Christ. Wives, be subject to your husbands, as to the Lord. Husbands, love your wives, as Christ loved the church and gave himself up for her." This verse shows that God intended relationships to be based on mutual respect and love.

God also intended relationships to be based on self-control. In 1 Corinthians 7:5, it says, "Do not deprive one another, except perhaps by agreement for a limited time, that you may devote yourselves to prayer; but then come together again, so that Satan may not tempt you because of your lack of self-control." This verse shows that God intended relationships to be based on self-control and mutual respect.

## Benefits of Sex Education

Sex education can help children understand God's plan for sexuality and relationships. It can provide children with the knowledge and skills they need to make informed decisions about their sexual health and relationships. Sex education can also help children understand the importance of abstinence and the risks associated with sexual activity.

**Salvation Prayers** : Dear Lord Jesus, I come to you today acknowledging my need for salvation. I confess that I have sinned and fallen short of your glory. But I believe that you died for my sins and rose again. I ask that you come into my heart and be my Lord. I commit to following you and living for you every day. Thank you for your love and for the gift of eternal life. In your name I pray, Amen. Amen [If you prayed the above prayers kindly click here to get more information](https://www.xgospel.net/harvest_form/form/?page=0&salvation=true)  
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Sex education can also help children understand the importance of

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communication and respect in relationships. It can help children understand the importance of consent and the importance of respecting boundaries. Sex education can also help children understand the importance of protecting themselves from sexually transmitted infections and unplanned pregnancies.

## Conclusion

Sex education is beneficial from a Christian perspective because it helps children understand God's plan for sexuality and relationships. Sex education can provide children with the knowledge and skills they need to make informed decisions about their sexual health and relationships. It can also help children understand the importance of abstinence, communication, respect, consent, and protecting themselves from sexually transmitted infections and unplanned pregnancies.

**Rededication Prayers** : Dear Lord Jesus, I come to you today with a heart of repentance. I confess that I have strayed from your path and have not been living according to your will. But I am here to rededicate myself to you and to make a commitment to follow you with all my heart. I ask for your forgiveness and for the strength and guidance to walk in your ways. I thank you for your love, grace, and mercy. I give you my all, my heart, my mind, my soul, and my strength, I trust in you and I pray this in Jesus' name, Amen. [Amen](#)

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## Quiz

1. What does the Bible say about God's plan for sexuality?

A. Sex is only for pleasure

B. Sex is only for marriage

C. Sex is only for procreation

D. Sex is only for unmarried couples

2. What does the Bible say about God's plan for relationships?

A. Relationships should be based on mutual respect and love

B. Relationships should be based on power and control

C. Relationships should be based on money and possessions

D. Relationships should be based on physical attraction

3. What are the benefits of sex education?

A. It can provide children with the knowledge and skills they need to make informed decisions about their sexual health and relationships

B. It can help children understand the importance of abstinence

C. It can help children understand the importance of communication and respect in relationships

D. All of the above

4. What is the importance of consent in relationships?

A. It is important to respect the boundaries of others

B. It is important to make sure both parties are comfortable with the situation

C. It is important to make sure both parties are of legal age

D. It is important to make sure both parties are in agreement

5. What is the importance of protecting oneself from sexually transmitted infections and unplanned pregnancies?

- A. It is important to use protection
- B. It is important to get tested regularly
- C. It is important to get vaccinated
- D. All of the above

**Answers: 1. B, 2. A, 3. D, 4. A, 5. D**

### **Discussion Questions**

1. What are some of the challenges of teaching sex education from a Christian perspective?
2. How can sex education help children understand the importance of abstinence?
3. How can sex education help children understand the importance of communication and respect in relationships?
4. What are some of the risks associated with sexual activity?
5. How can sex education help children protect themselves from sexually transmitted infections and unplanned pregnancies?

### **FAQs**

Q: What does the Bible say about God's plan for sexuality?

A: The Bible is clear that God created sex for the purpose of marriage. In Genesis 2:24, it says, "Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh." This verse shows that God intended sex to be a part of a committed, monogamous relationship between a man and a woman.

Q: What does the Bible say about God's plan for relationships?

A: The Bible also provides guidance on how to build healthy relationships. In Ephesians 5:21-33, it says, "Be subject to one another out of reverence for Christ. Wives, be subject to your husbands, as to the Lord. Husbands, love your wives, as Christ loved the church and gave himself up for her." This verse shows that God intended relationships to be based on mutual respect and love.

Q: What are the benefits of sex education?

A: Sex education can help children understand God's plan for sexuality and relationships. It can provide children with the knowledge and skills they need to make informed decisions about their sexual health and relationships. Sex education can also help children understand the importance of abstinence and the risks associated with sexual activity. It can also help children understand the importance of communication and respect in relationships, the importance of consent, and the importance of protecting themselves from sexually transmitted infections and unplanned pregnancies.

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